

IMPACT HEALTH CLINICS

Master Injection & Hormone Therapy Dosing Summary

This laminated clinic reference sheet provides quick dosing conversions for commonly prescribed injectable and oral therapies. Designed for chairside use using insulin syringe units, mL, and mg dosing formats.

INJECTABLE MEDICATIONS

GLP-1 Medications

Semaglutide (2.5 mg/mL)

Conversion: 1 mg = 40 units

- 0.25 mg = 10 U
 - 0.50 mg = 20 U
 - 0.75 mg = 30 U
 - 1.00 mg = 40 U
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Tirzepatide

18 mg/mL Dosing

- 2 mg = 11 U
- 3 mg = 17 U
- 4 mg = 22 U
- 5 mg = 28 U
- 6 mg = 33 U
- 7 mg = 39 U
- 8 mg = 44 U
- 9 mg = 50 U
- 10 mg = 55 U

30 mg/mL Dosing

- 2 mg = 7 U
- 3 mg = 10 U
- 4 mg = 13 U
- 5 mg = 17 U
- 6 mg = 20 U
- 7 mg = 23 U
- 8 mg = 27 U
- 9 mg = 30 U
- 10 mg = 33 U

Semaglutide and Tirzepatide Dosing Relationship

This section groups Semaglutide dosing with its equivalent Tirzepatide transition dose for quick reference.

Semaglutide (mg)	Tirzepatide (mg)
0.25 mg	2 mg
0.50 mg	3 mg
0.75 mg	4 mg
1.0 mg	5 mg
1.25 mg	6 mg
1.50 mg	7 mg
1.75 mg	8 mg
2.0 mg	9 mg
2.25 mg	10 mg

ALL OTHER MEDICATIONS

Testosterone (IM)

Assuming 200 mg per mL vial:

- 100 mg = 0.5 mL
 - 200 mg = 1.0 mL
 - 300 mg = 1.5 mL
 - 400 mg = 2.0 mL
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Vitamin B12 (IM or SubQ)

1000 mcg = 1 mL (100 units)

NAD+ (SubQ)

- 25 mg = 25 U
 - 50 mg = 50 U
 - 75 mg = 75 U
 - 100 mg = 100 U
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Glutathione (IM or SubQ)

Max Dose: 600 mg

- 200 mg = 1 mL (100 U)
 - 400 mg = 2 mL
 - 500 mg = 2.5 mL
 - 600 mg = 3 mL
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hCG (SubQ)

- 2,500 IU = 25 U
 - 5,000 IU = 50 U
 - 7,500 IU = 75 U
 - 10,000 IU = 100 U
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ORAL MEDICATIONS

Anastrozole (PO)

- 0.25–1 tablet once a week
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Enclomiphene (PO)

- 12.5 mg capsule
 - Frequency: Daily
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For Clinical Use Only

Verify concentration prior to administration.

Follow provider protocol at all times.